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## The Women Issue

**LEADING  
FROM  
THE HEART**

Conversations with Alice Walker,  
Jean Shinoda Bolen, Joanna Macy,  
Nina Simons, Akaya Windwood



**THE NEW  
CHIVALRY  
REAWAKENING  
THE FEMININE  
INBORN  
BEAUTY  
MEET KAMALA  
HARRIS**

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FILM

**GhettoPhysics: Will the Real Pimps and Ho's Please Stand Up!**

Directed by William H. Arntz and E. Raymond Brown



From its title, you can probably deduce that *GhettoPhysics: Will the Real Pimps and Ho's Please Stand Up!* is a one-of-a-kind movie. This is not surprising, since one of the filmmaker's claims to fame is another one-of-a-kind film: William H. Arntz's

*What the BLEEP Do We Know!?*, the cult film seen by more than 100 million viewers worldwide since its release in 2004. *GhettoPhysics* is based on E. Raymond Brown's 2002 book *Will the Real Pimps and Hos Please Stand Up!*

Brown, a musician, music producer, actor, author, and workshop facilitator, brings all his social, anthropological, and metaphysical knowledge and skills to bear in this, his first motion picture. A hybrid documentary, the story follows a student on her planned entry into a major university with the help of promised financial aid. It turns out to be a rocky path, as forces beyond her control seek to determine her fate. Over the course of her story, she (and we) learn how the pimps-and-hos game (dominators and dominated) is played out at every level of society, from the streets to the corporate boardroom to the classroom. Interviews with Dr. Cornel West, MC and producer KRS-1, economist John Perkins, television producer Norman Lear, former U.S. Rep. Cynthia McKinney, Ghanaian activist Brother Ishmael Tetteh, and some colorful street characters unveil the workings of the world's eternal power game.

Great contemporary music and animation add potent spice to the film, whose message — you must stand up and *choose* what role you're going to play in every life situation — is enormously empowering. The interviews are all enlightening and the entire film is compelling entertainment.

A perfect revelation and motivation at a time

when millions are shouting, "I'm mad as hell and I'm not going to take this anymore!" Here's *why* you are mad ... and what you can do about it.

Enjoy *GhettoPhysics*, which begins a national rollout in Oakland, San Leandro, and Richmond on October 8. Coming soon to San Francisco.

[GhettoPhysics.com](http://GhettoPhysics.com)

—DAVID LANGER

BOOKS

**Bodhisattva**

How to Be Free, Teachings to Guide You Home  
By Nicole Grace

*Bodhisattva: How to Be Free, Teachings to Guide You Home*, by Nicole Grace, is this kind of book. The author, a Buddhist monk and mystic, first guides us through a very clear and easy-to-understand introductory lesson on what a bodhisattva is. The rest of the book is filled with brief meditations on a variety of topics relevant to the spiritual seeker, such as control, fear, faith, and peace. There are also some lovely verses that portray nature in action — a thunderstorm, falling pinecones, a snowstorm, a meteor shower — that illuminate revelations arising from these seemingly ordinary events. While the book is undoubtedly of interest to Buddhists, it is also more than capable of inspiring seekers from any background or any pathway of introspection.

As you read each teaching, you find yourself drifting into a contemplative mood, the words pointing inevitably to a joyful, intense, or transformative experience you've been through and



giving you a new perspective on it. Then you turn the page, and then the next. While the author may not have intended anyone to read the book cover to cover in one sitting, you may find yourself compelled to continue reading. Then you will find yourself carrying *Bodhisattva* around with you so you can read a page while you're standing in line, or eating lunch, or getting ready to sleep. You will want to tap into that world of peace again and again.

The foreword is from a princess of Bhutan, an ancient Buddhist kingdom. The princess's warm endorsement feels appropriate, as the author is clearly well-versed in Buddhist wisdom. Still, even the non-Buddhist will appreciate that there is more to this book than teachings on Buddhism.

*Bodhisattva* can take readers of any background or faith on a quiet and powerful journey of self-discovery.

[bodhisattvabook.com](http://bodhisattvabook.com)

—JACKIE CASSIDY

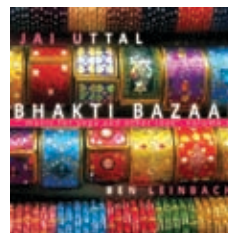
MUSIC

Jai Uttal and Ben Leinbach

**Bhakti Bazaar**

**Music for Yoga and Other Joys Vol. 2**

The newest album from Jai Uttal is the timely follow-up to his very popular 2004 CD *Music for Yoga and Other Joys*. In *Bhakti Bazaar: Music for Yoga and Other Joys Volume 2*, you'll



find an endless feast of melody and rhythm, of longing and ecstasy, of divine moods and passions. Through the journey, the "other joys" will make themselves clear. Each of the four tracks is longer

than 16 minutes, and the patient development has much to do with feeling drawn into the multi-hued and many-layered musical textures. "Rama Bolo," the opening piece, takes nearly five minutes to patiently "land," when Jai begins the chant portion. Backing vocals by Tina Malia and Prajna Vieira (from Mukti) raise the response to a divine place, awakening the flame of devotion. When the somewhat funky backbeat and dub elements give way to Jai's electric guitar solos, you'll be breathless. I find that each track takes me far away, unexpectedly, yet brings me back ever so gently.

Jai is a Bay Area icon after spending more than two decades as a pioneering recording and performing artist. He frequently plays live shows all around the bay, as well as coast-to-coast and around the world. Often he is asked which of his dozen recordings best replicates his live show. *Bhakti Bazaar* goes a long way to